

NOTES OF THE MALMESBURY AREA HEALTH & WELLBEING FORUM MEETING

Thursday 7th September 2023 at 11.00am (Teams Meeting)

1. APOLOGIES FOR ABSENCE

Various apologies given due to work commitments and holidays. The meeting was attended by representatives from the following: **Celebrating Age Wiltshire; Community Transport; Friends of Riverside: Health and Wellbeing Forum Chair; Malmesbury and Area Primary Care Centres North Wiltshire; Rethink Mental Illness; Stainsbridge House; Wiltshire Age UK – Fitness and Friendship Clubs; Wiltshire Councillor (Area Board Representative) & Chair of Malmesbury Dementia Action Alliance; Wiltshire Council Area Board Strategic Engagement and Partnerships Manager; White Lodge, Minety;**

2. INTRODUCTIONS AND UPDATES

- Forum:
 - **Wiltshire Age UK – Fitness and Friendship Club** – Clubs are now established in a range of places across Wiltshire, with a fairly recent new one in Malmesbury which is held at the Town Hall every other Thursday. Cost of £5 per person, per session and includes gentle exercise and refreshments.
 - **Rethink Mental Illness** - Abi Mitchell, Group Coordinator – Access Community Mental Health (Wiltshire); Part of Integrated Care Services.
- A contact list was discussed again, and Kim Power will circulate one of forum members and an activities list is also being compiled which will also be circulated. There was support for a web page/ FB page where we can post news both collectively and individually, as well as producing a leaflet with information. Andrew Jack will send Kim a copy of another Area's leaflet for reference, and we will need to contact the other parishes for information too . (Grant funding might be available for this).

3. FORUM PURPOSE

What else or different do we wish to include or drop? Mission Statement?

In light of our increased role with the Area Board, we discussed a more formal definition of what we focus on:

What is the purpose of the Forum?

Our aims are to help reduce loneliness and social isolation of older and vulnerable people, to help facilitate their positive interaction and involvement with the local community, to promote their health and wellbeing.

How do we do this?

- Through our participation in this Forum and hence the Malmesbury Area Wiltshire Council Area Board and their identified local aims. This also includes commenting on and making recommendations on grant applications.
- Through our roles in our individual organisations or groups.
- Through initiatives and activities to enhance older and vulnerable people's community involvement and resilience, whether support for large or small groups or individuals.

- Through the sharing of news and information to maximise the opportunities available to support older and vulnerable people.
- Through the effective communication of news, activities and events to those we wish to support and to our community as a whole.

Other Forums like ourselves?

Andrew Jack pointed out that different areas operate in different ways and that he had been contacted by a similar groups in Warminster, which has suggested a ‘get together in person or virtually of the different groups under each area board’ which was felt to be a good idea and which we will look into.

Wiltshire Council Area Board Aims

Cllr. Chuck Berry, the designated local Wiltshire Councillor with responsibility for looking at reducing loneliness and social isolation and members discussed some of his specific goals, within the Area Board. These were updated and further tasks suggested. (N.B. The task of Holding a Charity Symposium was accomplished earlier this year, with Malmesbury Town Council’s Community Day Event.)

4. GRANT APPLICATION FROM ‘CAW’ £1,500

Rebecca Seymour presented the application from Celebrating Age Wiltshire. There were many thanks from members for her brilliant ongoing work in the local area over the past years for both groups and one to ones. The grant application was unanimously supported by all and recommended to the Area Board.

A reminder was given for the next big event, a theatre performance on 19th September at the Town Hall, “The Time Machine”, a joint project with Malmesbury Town Council. Free of charge and available to all.

5. PRESENTATIONS (FROM GWH RE CARERS PASSPORT AND OTHERS – Online or an ‘IN PERSON’ MEETING?)

The Chair advised she had contacted the Malmesbury PCC re a location where we could meet in person. However, many mentioned that it was currently unlikely that they would be able to make in person meetings due to work commitments. Therefore an option would be to have an in person and a second online presentation or a hybrid one. It was suggested that a Rethink Mental Health presentation would be useful. Kim Power to liaise with all parties and advise.

6. ANY OTHER BUSINESS

- Request to contact Fruitful Malmesbury to arrange visits to the Community Orchard, now the new area is now apparently available with parking.
- Request for more history talks.
- Reminder of our next Forum meeting dates.

Area Board meeting date	Grants deadline	Date of HWB Forum Meeting at 11.00am
21 st November ‘23	24 th October	2nd November 2023
13 th February ‘24	16 th January ‘24	25th January 2024

Mrs. Kim Power (Chair)
Malmesbury Area Health and Wellbeing Forum

08/09/2023